

YAHSHUA'S JEWELS



Yahshua's Young People

"Let no man despise thy youth; but be thou an example of the believers, in conversation, in charity, in spirit, in faith, in purity." (1 Tim 4:12)

NEGATIVE WORDS CAN HURT!



"Sticks and stones can break my bones, but words can never hurt me." (Google-from ancient origins). This is a famous phrase; but words can hurt you. How do you defend yourself against these negative emotional attacks? Here are key points to remember:

1. **Negative words to hurt you are from Satan. Satan will try to hurt you through others. Remember Satan is a liar and will always be. So, these negative attacks are lies. Do not believe them.**
2. **Avoid hanging around or connecting with negative people. Satan will try and use them to bring you down.**
3. **Focus on your positive qualities, goals, and aspirations. You are amazing and with Yahshua, you are destined for great things.**
4. **Do activities that you enjoy and that build you up (e.g., try out for a school team, volunteer in something you want to explore, plan an outing with friends and family etc.).**
5. **Talk to someone you trust about your feelings. Write it down.**
6. **Ask Yahshua to heal the wounds and fight for you.**
7. **Learn to forgive. Yahshua when he was being crucified said, "Father, forgive them, for they know not what they do." (Luke 23:34). Satan has blinded the world. Pray that if it is Yah's will, he changes them. Yahweh will judge them.**

Negative words do hurt; but positive words help us heal. Read your Bible, especially the book of Psalms and let Yahweh of hosts comfort you.



POSITIVE VERSES OF COMFORT



(Find the missing word)

- A) Yahweh is my _____ and my salvation; whom shall I _____? Yahweh is the strength of my _____ of whom shall I be afraid (Ps 27:1).**
- B) My _____ I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be _____ (John 14:27).**
- C) Be not afraid nor dismayed by reason of this _____ multitude; for the _____ is not _____, but Yah's (2 Chron 20:15b).**
- D) For the _____ of Yahweh run to and fro throughout the whole earth, to show himself _____ in the behalf of them whose _____ is _____ toward him (2 Chron 16:9a).**

PERFECT	STRONG	BATTLE	EYES
GREAT	LIFE	FEAR	LIGHT
AFRAID	PEACE	HEART	YOURS

CHECK OUT ALL EDITIONS OF YAHSHUA'S JEWELS:
<http://assemblyofyahweh.com/youth>
REMEMBER TO PASS IT ON TO YOUR YOUNG PEOPLE.