

# YAHSHUA'S JEWELS



## Yahshua's Young People

*"Let no man despise thy youth; but be thou an example of the believers, in conversation, in charity, in spirit, in faith, in purity." (1 Tim 4:12)*

# ANGER MANAGEMENT

*"A soft answer turneth away wrath: but grievous words stir up anger." (Prov 15:1)*

We all get angry. It is a human emotion which we all feel. Anger can be described as wrath,



emotion which we all feel. Anger rage, temper and vexation.

Even Yahweh got angry with the children of Israel who provoked him in the wilderness. Anger is a reality of life but the key is to be angry and sin not (Eph 4:26a). Moses was a great leader; however, his anger towards the children of Israel made him dishonour Yahweh in the midst of them.

The key again is to be angry and sin not. It is not easy but Yahweh's word gives us some key steps for **ANGER MANAGEMENT**:

*James 1: 19*

1. **Be Swift to Hear**→ *(Calmly listen to what the other person has to say. Don't interrupt them).*
2. **Be Slow to Speak**→ *(Breathe and count to 10. Think before you speak and ask Yahshua to help you to respond).*
3. **Be Slow to Wrath**→ *(Control your anger with Yahshua's help. Do not be hasty. Remember always to breathe and take it slow).*

Bad words hurt and can scar those you love. Satan wants us to sin when we are angry but with Yahshua's help we can overcome. 🙌

# WORDS OF WISDOM

FILL IN THE BLANKS



1. Prov 14:17 → HE THAT IS SOON \_\_\_\_\_ DEALETH  
YRGNA  
FOOLISHLY.
2. Prov 16:32 → HE THAT IS \_\_\_\_\_ TO ANGER IS BETTER  
OWSL  
THAN THE MIGHTY.
3. Prov 29:22 → AN ANGRY \_\_\_\_\_ STIRRETH UP STRIFE.  
NAM
4. Ecc 7:9 → BE NOT HASTY IN THY SPIRIT TO BE ANGRY;  
FOR ANGER RESTETH IN THE BOSOM OF \_\_\_\_\_.  
LOOFS
5. Prov 27:4 → WRATH IS \_\_\_\_\_, AND ANGER IS  
CLEUR  
OUTRAGEOUS.

**BE GENTLE !!**



**CHECK OUT ALL EDITIONS OF YAHSHUA'S JEWELS:**

<http://assemblyofyahweh.com/youth>

**REMEMBER TO PASS IT ON TO YOUR YOUNG PEOPLE.**